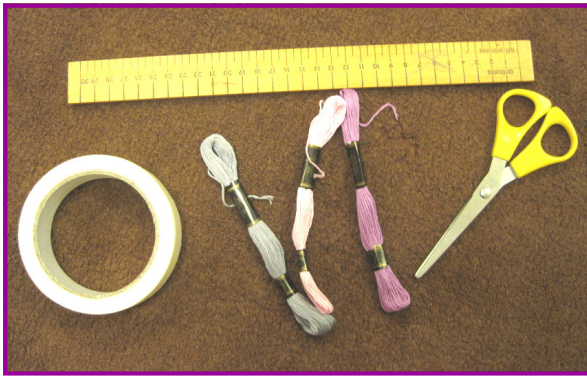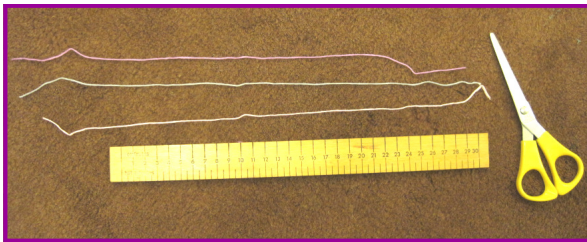# una pulsera de amistad

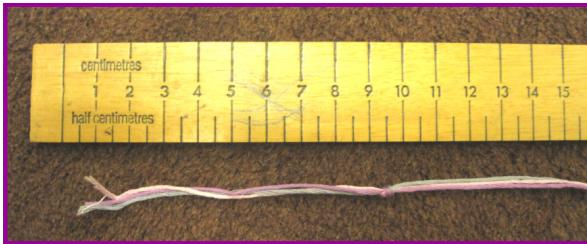para celebrar el Día de la Amistad, el 14 de febrero
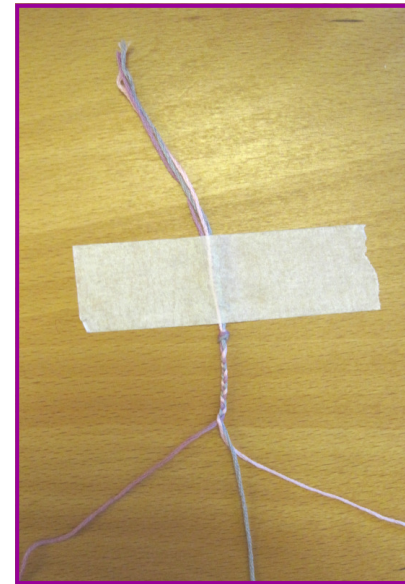
You will need:

- 3 colours of embroidery thread
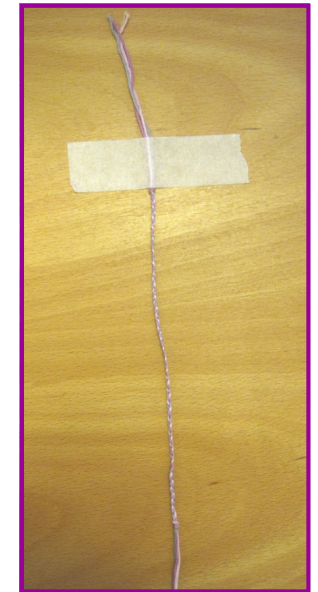- scissors
- masking tape
- a ruler

1. Cut a 40cm length of each of the colours of embroidery thread.

2. Knot the three pieces of thread together about 10cm from one end.

3. Secure the three threads to a table or chair using a piece of masking tape. Start to plait them together.

4. Keep plaiting until you have about 10cm of thread left. Knot the three pieces of thread to-gether again, at the other end.
Your bracelet is finished.

If you are going to give your bracelet to someone as a gift, you can tie it to a piece of coloured card and write a saying about friendship.

Hold a true friend with both your hands
(Nigerian Proverb)